

# Return to Hockey Plan Minor Hockey Association of Lambeth



# Communication

- COVID-19 Coordinator assigned to monitor updates from Hockey Canada, OMHA, OHF and PHU (Middlesex-London Health Unit)
- Email available to members for COVID related questions/concerns <u>mhalcovidcoordinator@gmail.com</u>. COVID-19 Coordinator responsible for monitoring emails and taking required action
- Website kept up to date with most current available information
- Coaching staff and parent/player meetings prior to beginning of each session

# Facility

- Protocols based on Provincial guidance for facilities for sports and recreational fitness activities during COVID-19 and City of London Arena Opening plan <u>Guidance for facilities</u> for sports and recreational fitness activities during COVID-19
- Virtual meeting with City and facility officials to review protocols specific to Lambeth and Bostwick arenas held September 3rd
- Arrival/departure protocols
  - Participants must wear a cloth mask upon entering arena. Masks may be removed during hockey activity only
  - Participants must sanitize hands upon entering the facility
  - Arrival times staggered so teams are not entering and exiting facility at same time
  - Players may enter the facility no earlier than 15 mins prior to their scheduled ice time
  - Physical distancing of 2 metres must be maintained by all individuals while inside the facility, on facility grounds
  - $\circ$   $\;$  City associate may be present at arena entrance for screening
  - Players will enter and exit ice surface using separate doors
  - o Bostwick Arena
    - Players will enter/exit arena using door south of main entrance
    - A guest services individual will be at the door to direct players to appropriate dressing room
  - o Lambeth Arena
    - Players will enter/exit using main entrance
    - MHAL representative required at entrance each session
- Availability of dressing rooms/showers
  - Limit use when possible
  - No more than 9 players should be in the dressing room to allow for physical distancing. Chairs will be available outside of dressing room for tying of skates
  - Players should come prepared to play in as much hockey equipment as possible

- Players will be instructed to leave hockey bags in vehicles. Players may bring a small bag
- The use of showers is strictly prohibited
- Common areas
  - Marked physical-distanced seating available to put on skates or remove skate guards
  - Participants will be asked to avoid congregating in common areas
  - Signage throughout facility to outline hygiene expectations, physical distancing, directional flow to rinks and exits and other protocols
- Spectators/Parents
  - Players of younger ages requiring assistance with equipment will be allowed to have parent/guardian enter to tie skates
  - NO spectators allowed at this time
  - All parents/volunteers must adhere to physical distancing guidelines and wear masks while inside the facility
  - No congregating in common areas
- Cleaning and disinfection
  - Players will not share equipment amongst team members
  - o Equipment will be sanitized by team personnel after each session
  - On-ice sessions will be scheduled accordingly to allow for cleaning of facility between each group

# City of London Arena Opening Plan (Currently in Phase 2):

Area Scheduling	<ul> <li>Phase 1 (Mild Restrictions)</li> <li>Rinks start times staggered 15 minutes at 3 pad arena and 30 minutes at double pad arena to avoid flood conflicts and allow separate entry times</li> <li>Maximum 50m sessions</li> <li>30m between sessions on individual pads to allow for groups entry/exit without crossing</li> </ul>	<ul> <li>Phase 2 (Minor Restrictions)</li> <li>Rinks start times staggered 15 minutes for 3 pad arena and 30 minutes at double pads to avoid flood conflicts and allow separate entry times</li> <li>Maximum 50 minute sessions</li> <li>Add in additional time between sessions, as necessary, to allow for appropriate cleaning of bench, penalty box, and dressing room areas</li> </ul>	<ul> <li>Phase 3 (Limited Restrictions)</li> <li>Rinks start times staggered 15 minutes for 3 pad arena and 30 minutes at double pads to avoid flood conflicts and allow separate entry times</li> <li>Sessions can be booked for longer than 50m</li> <li>Add in additional time between sessions, as necessary, to allow for appropriate cleaning of bench, box, and dressing room areas</li> </ul>
On-ice Activities	<ul> <li>Assume group size limitations (starting at 10 then 15, all</li> </ul>	<ul> <li>Group size limited to 25 – including instructor(s)</li> </ul>	Reduced limit     restrictions on group     size

	<ul> <li>including instructors)</li> <li>Participants must practice physical distancing and perform skill drills only – no game play and no body contact</li> <li>Benches and penalty box areas to be avoided</li> <li>No sharing of sticks, gloves or any equipment other than nets and pucks/rings</li> <li>All participants must bring their own individual water bottles</li> <li>No sharing pylons, skate assists or any equipment between sessions unless sanitized</li> </ul>	<ul> <li>No body contact and physically distance where possible</li> <li>Groups can utilize both benches and penalty boxes, spacing accordingly</li> <li>No sharing of sticks, gloves or any equipment other than nets and pucks/rings</li> <li>All participants must bring their own individual water bottles</li> <li>No sharing pylons, skate assists or any equipment between sessions unless sanitized</li> </ul>	<ul> <li>Groups encouraged to prohibit body contact and physically distance where possible</li> <li>Groups can utilize both benches and penalty boxes, spacing accordingly</li> <li>No sharing of sticks, gloves or other equipment (other than nets/pucks)</li> <li>All participants must bring their own individual water bottles</li> </ul>
Entry/Exit Req's	<ul> <li>Each arena to set specific entry and exits as per individual arena plans</li> <li>Participants to arrive no more than 15 minutes before their ice time, fully dressed except for skates, helmet and gloves, and to go directly to their assigned rink.</li> <li>Participants will be required to depart following their ice time, no lingering in any area is permitted.</li> <li>Youth may have a parent/guardian over 18yrs accompany them to tie skates.</li> </ul>	<ul> <li>Each arena to set specific entry and exits as per individual arena plans</li> <li>Participants may arrive no earlier than 15 minutes before their ice time and can enter with their coach or representative of the association.</li> <li>Participants must exit the arena 15 minutes after the conclusion of their ice time</li> </ul>	<ul> <li>Each arena to set specific entry and exits as per individual arena plans</li> <li>Participants may arrive 30 minutes before their ice time</li> <li>Participants must exit the arena 15 minutes after the conclusion of their ice time</li> </ul>
PPE	Masks mandatory for all entering the facility. Players can remove their masks	<ul> <li>Masks mandatory for all entering the facility. Players can remove their masks prior to</li> </ul>	• Masks mandatory for all entering the facility. Players can remove their masks prior to

	prior to entering the	entering the ice surface	entering the ice surface
	ice surface but must put them back on immediately after.	but must put them back on immediately after.	<ul> <li>but must put them back on immediately after.</li> <li>Spectators must wear a mask at all times</li> </ul>
Spectators	<ul> <li>No spectators</li> <li>Parent/Guardian can enter to tie skates but must leave after they have done so.</li> </ul>	<ul> <li>No spectators at this time.</li> <li>Parent/Guardian can enter to tie skates but must leave after they have done so.</li> </ul>	<ul> <li>Spectator limitations will be put in place based on group/event.</li> <li>Spectators are not permitted to enter until their participant ice time is to begin and must leave the arena at the conclusion of the ice time. No lingering in common areas.</li> </ul>
Dressing Rooms	<ul> <li>No access to Dressing Rooms</li> <li>Chairs will be set up, appropriately distanced, inside each rink to allow users to put on skates</li> </ul>	<ul> <li>Dressing Rooms available for distanced use - maximum of 9 people per dressing room.</li> <li>Shower use to remain closed</li> <li>No dressing room keys will be handed out</li> </ul>	<ul> <li>Dressing Rooms available for distanced use - where necessary teams may be given 2 rooms to use</li> <li>Shower and washroom facility use is permitted, under new guidelines</li> <li>Dressing Room keys will be given out</li> </ul>
Washroom Access	<ul> <li>Washrooms will be sanitized at least once per hour and major cleaning twice a day</li> </ul>	<ul> <li>Washrooms will be sanitized at least once per hour and major cleaning twice a day</li> </ul>	<ul> <li>Washrooms will be sanitized at least once per hour and major cleaning twice a day</li> </ul>
Multi- Purpose Space	• No use of multi- purpose rooms or common area space	<ul> <li>Limited use of multi- purpose space by small cohort groups, provided physical distancing can be followed</li> <li>No warm-up or physical activity permitted in multi- purpose or common area spaces</li> </ul>	<ul> <li>Re-open multi-purpose space and common use areas throughout facility</li> <li>Encourage physical distancing</li> <li>No warm-up or physical activity permitted in multi- purpose or common area spaces</li> </ul>
Leased Storage Space		<ul> <li>Organizations with storage space permitted limited access by appointment only, must adhere to additional cleaning/storing requirements</li> </ul>	<ul> <li>Organizations with leased space permitted access during building hours of operation, must adhere to additional cleaning/storing requirements</li> </ul>
Food	Concession to		
Food	Concession to		

Services Staffing Plan	<ul> <li>remain closed</li> <li>1 driver + 1 attendant per twin pad, additional attendants as needed</li> <li>1 cleaner for common area cleaning – hallways, washrooms, employee areas, entrances</li> </ul>	<ul> <li>closed</li> <li>Allow use of all vending machines</li> <li>1 driver + 1 attendant per twin pad, additional attendants as needed</li> <li>1 cleaner for common area cleaning – hallways, washrooms, employee areas, entrances</li> </ul>	<ul> <li>Allow use of all vending machines</li> <li>1 driver + 1 attendant per twin pad, additional attendants as needed</li> <li>1 cleaner for common area cleaning – hallways, washrooms, employee areas, entrances</li> </ul>
Maintenanc e & Cleaning	<ul> <li>Rink cleaning will be the focus of attendants/drivers</li> <li>Common area cleaning will be the focus of cleaning staff</li> <li>Overall emphasis on cleaning over maintenance</li> </ul>	<ul> <li>Rink cleaning will be the focus of attendants/drivers, with assistance from cleaning staff</li> <li>Common area cleaning will be the focus of cleaning staff</li> <li>Overall emphasis on cleaning over maintenance</li> </ul>	<ul> <li>Rink cleaning will be the focus of attendants/drivers, with assistance from cleaning staff</li> <li>Common area cleaning will be the focus of cleaning staff</li> <li>Heavy emphasis on cleaning, with ability to turn more attention to maintenance and improvement</li> </ul>
Comm. Plan	• Signage throughout facility outlining new protocol, safety measures taken, hygiene expectations, physical distancing requirements, directions to rinks and exits, and out of bounds areas	<ul> <li>Signage throughout facility outlining new protocol, safety measures taken, hygiene expectations, physical distancing requirements, directions to rinks and exits, and out of bounds areas</li> </ul>	<ul> <li>Signage throughout facility outlining new protocol, safety measures taken, hygiene expectations, physical distancing requirements, directions to rinks and exits, and out of bounds areas</li> </ul>

#### **Hygiene Requirements**

- Participants must sanitize hands upon entering the facility
- Participants will be encouraged to carry hand sanitizer
- Equipment should be washed and/or disinfected per manufacturer guidelines after each use
- Shared equipment, such as rotational goalie equipment, will be collected and cleaned by a parent representative after each use, prior to distributing to the next player. A cleaning log will be maintained and kept in the goalie bag. Instructions for cleaning and required cleaning supplies will also be provided in each shared equipment bag

- Players must bring their own labelled water bottle and wash after each session
- Visual cues will be placed on boards in 2 metre increments to promote physical distancing of water bottles and participants
- No sharing of water bottles, food, or drinks
- Strict hand hygiene will be promoted before and after each session
- Spitting, open nose blowing and rinsing mouth onto the facility floor or ice surface will not be permitted
- No handshakes between teams or between coaches and officials
- Coaching staff must wear a mask while in the facility and coaching on the bench. Masks are not required if participating in on ice instruction

# **Practice and Game Play**

• Programming will be structured according to the OHF Return to Hockey Framework (see below), in addition to protocols established by the MLHU, City of London and facility

OHF Stage	Ontario Gov. Stage	Outline	Player Contact	# of Participants¥	Structure	Travel
STAGE 1 Return to Ice	Phase 2 Stage 1	Strict On-Ice Physical Distancing     Skill Development Only     Off-ice Training & Activity     Limited/No Use of Bench     Variety of On-Ice Set Ups	None	Limited to 10 in group including instructor	Private Instruction     Association Instruction     Team Instruction	Community Based Only
STAGE 2 Return to Practice	Phase 2 Stage 2	Strict On-Ice Physical Distancing     Group Skill Development     Off-ice Training & Activity     May be Limited Use of Bench	None	Limited to 15 in group including instructor	Private Instruction     Association Instruction     Team Instruction	Community Based Only
STAGE 3a Return to Play	Phase 2 Stage 3	<ul> <li>Strict On-ice Physical Distancing</li> <li>Off-ice Training &amp; Activity</li> <li>Limited or Normal Use of Bench</li> </ul>	No Physical Contact	Maximum of 25 for individual training	<ul> <li>MHA/Leagues/Teams</li> <li>May be Modified Game Play or Cohort Groups</li> </ul>	Limited Public Health Unit (PHU)
STAGE 3b	Phase 2 Stage 3	<ul> <li>Strict On-Ice Physical Distancing</li> <li>Off-Ice Training &amp; Activity</li> <li>Limited or Normal Use of Bench</li> <li>Registration of Players for the 2020-2021 programming</li> <li>Allocation of Player Groups</li> <li>Group Training Prep Phase</li> </ul>	No Physical Contact	Maximum of 30 for individual training and game play	<ul> <li>Registration is based on last year's registered Association.*</li> <li>No program offered by MHA eligible to move for a program within PHU.</li> <li>MHA providing some form of programming, must stay where registered last year, exception, players on AAA Waiver and LOR movement have option to stay or return home.</li> <li>Leagues are Ontario Health Maximum of 50 (July 27) and based on the PHU.</li> </ul>	Limited Public Health Unit
STAGE 3c	Phase 2 Stage 3	<ul> <li>Group Training/Practices with Physical Distancing</li> <li>Game Play 3 v 3 or 4 v 4, with No Physical Contact</li> </ul>	No Physical Contact	Maximum of 40 for individual training and game play	<ul> <li>Registration is based on last year's registered Association.*</li> <li>No program offered by MHA eligible to move for a program within PHU.</li> <li>MHA providing some form of programming, must stay where registered last year, exception, players on AAA Waiver and LOR movement have option to stay or return home.</li> <li>Leagues are Ontario Health Maximum of 50 (July 27) and based on the PHU.</li> </ul>	Limited Public Health Unit
STAGE 3d	Phase 2 Stage 3	<ul> <li>Group Training/Practices with Physical Distancing</li> <li>Game Play 3 v 3, 4 v 4, 5 v 5, with No Physical Contact</li> </ul>	No Physical Contact	Maximum of 40 for individual training and game play	<ul> <li>Registration is based on last year's registered Association.*</li> <li>No program offered by MHA eligible to move for a program within PHU.</li> <li>MHA providing some form of programming, must stay where registered last year, exception, players on AAA Waiver and LOR movement have option to stay or return home.</li> <li>Leagues are Ontario Health Maximum of 50 (July 27) and based on the PHU.</li> </ul>	Limited Adjacent Public Health Units
STAGE 3e	Phase 2 Stage 3	<ul> <li>Group Training/Practices with Physical Distancing</li> <li>Game Play 3 v 3, 4 v 4, 5 v 5, with No Physical Contact</li> </ul>	No Physical Contact	Maximum of 40 for individual training and game play	<ul> <li>Registration is based on last year's registered Association.*</li> <li>No program offered by MHA eligible to move for a program within PHU.</li> <li>MHA providing some form of programming, must stay where registered last year, exception, players on AAA Waiver and LOR movement have option to stay or return home.</li> <li>Leagues are Ontario Health Maximum of 50 (July 27) and based on the PHU.</li> </ul>	Expanded Local Health Integrated Network
STAGE 4 Return to Regular Competition	Phase 3	No On-Ice Physical Distancing Regular Practice Off-ice Training & Activity Standard Competition May be Normal Use of Bench	Contact Allowed	Regular Team Sizes	Rules TBD     MHA/Leagues/Teams     Regular Game Play	Expanded Tournament Year end events
* Players that p and LOR. ¥ Number of Pa that have	layed the 20: articipants is a been establis	19-2020 seasoning the GTHL will follow G a maximum number outlined by the OHF f	THL rules for mo or sanctioned p blic Health Unit	ovement as well as criteria programming, however, all ;, facility or Member. Maxi	s for each Stage in the OHF Return to Hockey Fram laid out in the OHF Return to Hockey Framework f participant numbers are dictated by the restriction mum numbers are based on the largest ice surface	or AAA Waiver

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#### Practice and Game Play Stage 3b

Session 1	September 26 – November 30		
Weeks 1 – 2 Developmental Skates			
Weeks 3 – 8	2 Developmental Skates plus one 3 on 3 or 4 on 4 Game per week		

- Maximum 50 player bubbles
- Practice (Individual and Group Training)
  - Maximum of 30 participants on the ice, including coaching staff
  - Physical distancing required
- Game Play
  - Modified game play will begin after two week development phase
  - Rules of play as outlined in the OHF Return to Hockey Framework (Appendix E and F)
  - Players must remain one stick length apart and no physical contact is permitted
  - Benches will require physical distancing of players
- Rosters
  - Each team will consist of 9 players plus one goaltender
  - Two coaching staff members (one coach and once safety person/trainer) will be on the bench for each game

#### Practice and Game Play Stage 3b- Boys Hockey

- Teams are based on age group but could be a combination of age groups based on registration numbers, there will be no Rep/AE teams
  - U7 (Former IP)
    - Have one combined U6 program limit to 30 players in bubble
    - Up to 2 x 30 player bubbles
  - U8 (Former Minor Novice)
    - Up to 50 player bubble, play within MHAL only
    - MHAL teams of 10 players playing 3 on 3, cross-ice (9 players and 1 rotational goalie)
    - Teams will play each other on a rotational basis (1 3 on 3 game per week)
    - Shared practices will occur 2x per week
    - No tournaments
    - No games with outside centres
    - No playing outside of 50 player bubble
  - U9 (Former Novice)
    - Up to 50 player bubble, play within MHAL only
    - MHAL teams of 10 players playing 3 on 3, cross-ice (9 players and 1 rotational goalie)

- Teams will play 1 3 on 3 game per week
- Shared practices will occur 2x per week
- No tournaments
- No playing/practicing outside of 50 player bubble (Includes exhibition games)
- U11 (Former Atom)
  - Up to 50 player bubble, play within MHAL only
  - MHAL teams of 10 players playing 4 on 4, full ice (9 players and 1 goalie)
  - Teams will play 1 3 on 3 game per week
  - Practices will occur 2x per week (practices may be shared)
  - No tournaments
  - No playing/practicing outside of 50 player bubble (Includes exhibition games)
- U13 (Former Peewee)
  - Up to 50 player bubble, play within MHAL only
  - MHAL teams of 10 players playing 4 on 4, full ice (9 players and 1 goalie)
  - Teams will play 1 3 on 3 game per week
  - Practices will occur 1x per week (practices may be shared)
  - No tournaments
  - No playing/practicing outside of 50 player bubble (Includes exhibition games)
- U15 (Former Bantam)
  - Up to 50 player bubble, play within MHAL only
  - MHAL teams of 10 players playing 4 on 4, full ice (9 players and 1 goalie)
  - Teams will play 1 game per week
  - Practices will occur 1x per week (practices may be shared)
  - No tournaments
  - No playing/practicing outside of 50 player bubble (Includes exhibition games)
- U18 (Former Midget)
  - 50 player bubble, play within MHAL only
  - MHAL teams of 10 players playing 4 on 4, full ice (9 players and 1 goalie)
  - Teams will play 1 game per week
  - Practices will occur 1x per week (practices may be shared)
  - No tournaments
  - No playing/practicing outside of 50 player bubble (Includes exhibition games)

#### Practice and Game Play Stage 3b- Girls Hockey

- Player bubbles based on the following breakdown
  - Bubble 1 Senior IP (2014) w/ U9
  - Bubble 2 U9 & U11
  - Bubble 3 U13 & U15
  - Bubble 4 U15 & U18

#### **Safety Guidelines and Reporting**

- Prior to entering facility participants must complete Health Screening Questionnaire (no later than 30 minutes prior to session) <u>https://www.ohf.on.ca/media/ql5fbdl5/health-screening-questionnaire.pdf</u>
- Coaching staff will review questionnaire and determine player eligibility
- If the participant answers "yes" to any of the questions in the screening document they are not able to participate in any on-ice or off-ice activities
- A note is required from the participant's physician before they can return to hockey activities
- Coaching staff or parent representative must complete OHF Contract Tracing document for all participants prior to each session and submit to COVID-19 Coordinator <u>https://e-</u> registration.omha.net/OMHAPortal/Download/OHFSessionParticipationnHealthScreeni

registration.omna.net/OMHAPortal/Download/OHFSessionParticipationnHealthScreeni ngTracking(August2020).pdf

 If participant is ill or displaying COVID symptoms, the following pathways will be followed (see OHF Return to Play pages 17-20) <u>https://cdn.hockeycanada.ca/hockeycanada/Exclusive/return-to-hockey/downloads/HC\_RTH\_Safety-GUIDELINES\_EN.pdf</u>

# PARTICIPANT FEELS ILL AT THE FACILITY/ACTIVITY

1. Participant advises team staff/safety person immediately.

2. Participant receives a cloth mask and wears immediately. Anyone caring for the participant should also wear a cloth mask.

3. Parents/guardians are advised and take the participant home. If the participant is an adult, they will leave immediately if well enough to drive. If there is a delay in leaving the facility, they should find a location to isolate.

4. Contact a physician and call the local public health line. Notify COVID-19 Coordinator. Follow isolation requirements of public health authorities. The participant will require a note from their physician to return to activity.

# PARTICIPANT ADVISES TEAM STAFF THEY ARE NOT FEELING WELL AND WILL NOT BE ATTENDING

1. Participant is advised to follow up with their physician. They will require a note from their physician to return to activity.

2. Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

3. If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.

# PARTICIPANT ADVISES THEY HAVE SYMPTOMS OF COVID-19 AND WILL NOT BE ATTENDING

1. If a participant has COVID-19, they should follow up with their physician and public health authority for instructions. Notify COVID-19 Coordinator.

2. Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

3. If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.

# PARTICIPANT TESTS POSITIVE FOR COVID-19 AND CONTACTS THEIR PHYSICIAN

\*FOLLOW PUBLIC HEALTH GUIDELINES\*

1. IMMEDIATE REMOVAL FROM HOCKEY ENVIRONMENT FOR PLAYER AND ALL FAMILY MEMBERS

2. REPORT TO PUBLIC HEALTH AUTHORITIES, FOLLOW GUIDELINES. NOTIFY COVID-19 COORDINATOR

3. PUBLIC HEALTH AUTHORITY DETERMINES COMMUNICATION PROTOCOL AND TRACING OF ALL CONTACTS

4. COOPERATE ON ANY NECESSARY COMMUNICATION

5. NOTE REQUIRED FROM A PHYSICIAN OR PUBLIC HEALTH AUTHORITY TO RETURN TO PLAY

#### PARENT OR FAMILY MEMBER TESTS POSITIVE FOR COVID-19

\*FOLLOW PUBLIC HEALTH GUIDELINES\*

1. IMMEDIATE REMOVAL FROM HOCKEY ENVIRONMENT FOR PLAYER AND ALL FAMILY MEMBERS

2. REPORT TO PUBLIC HEALTH AUTHORITIES, FOLLOW GUIDELINES. NOTIFY COVID-19 COORDINATOR

3. PUBLIC HEALTH AUTHORITY DETERMINES COMMUNICATION PROTOCOL AND TRACING OF ALL CONTACTS

4. COOPERATE ON ANY NECESSARY COMMUNICATION

5. NOTE REQUIRED FROM A PHYSICIAN OR PUBLIC HEALTH AUTHORITY TO RETURN TO PLAY

\*\*If a player tests positive, public health authority guidelines will determine contact tracing and isolation requirements. If there is a positive diagnosis on a team, the team and all players in the bubble will be required to pause hockey activities until the public health authority determines it is safe to return\*\*

# Parent and Participant Meetings

- Online training to be held prior to initiation of each new session
- Coaching staff to complete Hockey University: Planning a Safe Return to Hockey course
- A Parent Town Hall meeting is scheduled for September 14<sup>th</sup> to facilitate a Question & Answer session for the upcoming season
- Parent and player education will be delivered via webinar format
  - The webinar will be distributed to participants via email and posted on the MHAL website
  - Topics to include:
    - What to expect during upcoming season
    - Safety protocols at facility
    - Health screening questionnaire and tracking
    - Participant arrival and exit
    - Physical distancing
    - Spectators
    - Dressing rooms and common spaces (if available)
    - Hygiene practices
    - Precautions to keep arena clean and safe
    - Role of parent/player in creating a safe and healthy environment
  - Parents will be required to complete a sign off document indicating the webinar was reviewed

# Resources

https://cdn.hockeycanada.ca/hockey-canada/Exclusive/return-tohockey/downloads/HC\_RTH\_Safety-GUIDELINES\_EN.pdf

https://e-registration.omha.net/OMHAPortal/Download/OHFReturntoHockey\_0731.pdf

https://www.ontario.ca/page/guidance-facilities-sports-and-recreational-fitness-activitiesduring-covid-19? ga=2.33809187.364787589.1597764259-477398688.1572893318

https://e-registration.omha.net/OMHAPortal/Download/OMHARTPFRAMEWORK-ADDENDUM.pdf

https://e-

registration.omha.net/OMHAPortal/Download/OHFSessionParticipationnHealthScreeningTracking(August2020).pdf

https://e-registration.omha.net/OMHAPortal/Download/health-screening-questionnaire.pdf

# https://e-

registration.omha.net/OMHAPortal/Download/HC\_RTH\_SafetyGUIDELINES\_8.5X11\_FAQ\_ENG FINAL.pdf