

# COMPETITIVE COACHES MEETING

## Lambeth Community Centre

### TRY-OUTS

Please contact all players trying out for your team with respect to try-out times and expectations. Occasionally you will receive e-mails from me asking you to add another player to your list. Please make sure that everyone who is playing competitive for the first time (Atom and up) has attended the checking clinics.

Please make sure you can justify your selections, it often helps to have the input of a panel of non-parents. Let all participants know who made the team. Please do this as humanely as possible. At the end of the 2<sup>nd</sup> try-out you can make initial cuts. "A" coaches should tell the released players when the first "AE" try-out is and "AE" coaches should tell the released players when the Local League Evaluations will take place. If and when possible please offer your cuts and explanation including strengths and weaknesses.

### TEAM ROSTERS

**Your team roster must be completed and accepted by OMHA prior to your 1<sup>st</sup> league game. Managers should start this process as soon as the team is picked. You cannot play until the paperwork is completed. *Everyone on your bench, players and officials, must be carded to Lambeth Minor Hockey.* If they are not, they cannot be on the bench. If any of your team officials need proper certification get them signed up at a clinic as soon as possible. All coaches must have current certification – coaches with pending certification CANNOT be on the bench until properly certified. Your roster will not receive final approval until everyone has proper certification. Lambeth Minor Hockey will pay half of their clinic cost, just give Convenor the receipt and make sure you keep a copy.**

A good manager is very, very valuable.

**You will not be eligible to go to a tournament until your roster is approved by the OMHA, so if you are planning tournaments, especially early ones, please make sure that your paperwork is in order so that your team is not disappointed.**

There are no paper copies of player or official "cards" this year. You will need to provide me with a list of your players and coaching staff, first and last name and date of birth, and teams will be assigned on-line.

When picking your team officials you need to understand the order in which they can be assigned. Every team must have a Head Coach and Trainer as their no. 1 and 2 cards. The 3<sup>rd</sup> spot is for a Manager. If you have a Manager you can then assign an Assistant Coach in the 4<sup>th</sup> spot and then either an Assistant Coach or an Assistant Trainer in the 5<sup>th</sup> spot. No one person should be on your roster in two positions. There can be no more than 5 officials on your roster. An official can sign a roster for no more than two teams. Note: If you Head Coach misses a game – an Assistant Coach must sign in the Head Coach position on the game sheet.

At your first team meeting make sure parents clearly understand your expectations and coaching philosophy. Ice time is always a sensitive issue on competitive teams so let the parents know up front how you intend to handle your bench. It tends to eliminate confusion and anger later on. **If you put it on paper nobody can say they weren't informed.**

## AFFILIATED PLAYERS

Teams are not allowed to bring up a player from another team until their **Affiliated Player's List** is completed and accepted by OMHA. A player can affiliate to only 1 minor team and in addition 1 junior team. A player cannot AP to a Chief's team if they are already AP'd to one of our teams. If you miss the deadline and turn in your AP list too late, you will **not** be able to AP – no exceptions. Contact any players you wish to AP to make sure they want to be on your AP list. **The deadline to have your list to the OMHA is early January.** Convenor should have it prior to that date. There is no limit to how many players you can AP.

## GAME SHEETS

Please fill out game sheets carefully, each member of the coaching staff has to have their certification number on it and sign it. You must be sure to include the Game #, Date and Age Group. Also any restrictions (ie shorter periods, curfews) must be set out on the game sheet. For your home games, keep the Yellow copy, the visiting team gets the Pink copy and the **white and green copies of the game sheets get put in Convenor mail slot in the coach's box in the arena** right after your home game. Convenor will put the week's game sheets together on Sunday night and mail them on Monday morning. If they are not post-dated by Wednesday following the game there will be a fine of \$10 per missing or late game sheet. If fines are handed out because convenor did not receive your sheet from you, it is the position of the Lambeth Executive that your team will be responsible for that fine. If for some reason you didn't receive your copy of the game sheets from the referee please let Convenor know ASAP.

## SUSPENSIONS

Remember, **you** are responsible for knowing if your players or coaching staff have a suspension. OMHA is very diligent about checking the game sheets and making sure the correct suspension was served. Convenor will only see home game sheets and cannot be responsible for keeping track of suspensions. **Refer to the back of your OMHA Manual of Operations to see suspension list. If in doubt, call or email convenor.** If a player doesn't serve the correct number of games, the head coach is suspended for a minimum of 3 games. **It is very important that you list your suspended players and/or officials on the game sheet.** OMHA will not accept the 'I forgot' argument.

For Bantam, Midget, and Juvenile the **head coach** serves a 1 game suspension if his team racks up more than 36 minutes in penalties in any single game. The limit is 26 minutes for Peewee, Atom and Novice.

## TOURNAMENTS

Please see the Minor Hockey Association of Lambeth's Policy No. 08 on Tournaments, which has been included in this package. Please let Convenor know as soon as possible what tournaments you are considering registering for. Avoid tournaments that may conflict with play-offs. If your team is involved in OMHA playdowns, you are forbidden from participating in tournaments during that time.

## PLAYOFFS & PLAYDOWNS

In the past, the Shamrock League has allowed teams to play in both Shamrock playoffs and OMHA playdowns simultaneously. Very few centers allow their teams to play both, but Lambeth always has. The Shamrock Executive may be putting a stop to centers allowing their teams to play in both. They have asked center Executives to stop this, but Lambeth has never been willing to tell teams that they can't do it. Since a formal decision has not been made at this time, we will have to let you know when a final decision is made. **DO NOT** ask convenor to not schedule games for March Break, coaching staff holidays, other tournaments and such, this request is just not feasible. Convenor will do everything possible. If we are only playing one or the other (Shamrock or OMHA) it will definitely be easier, but your parents should know upfront that there may be games scheduled during Christmas, and that there may be playoffs scheduled during March Break.

## BENCH STAFF CERTIFICATION

Coaches have until August 31st to take a refresher course. **New coaches must be certified prior to being on the bench.**

Trainers have until August 31<sup>st</sup> if they need to re-certify. **New trainers must be certified before they can be on the bench.** If you don't have a certified trainer you must borrow one (who is already carded on another Lambeth team). You can use the other team's trainer in an emergency, they can't refuse you. All bench staff, including the trainer and manager, must have **Prevention Services Clinic prior to August 31.**

**Of special note is that CHIP certification allows 14 year olds to participate in practice although YOU MUST be 16 to be on the bench and gamesheet.**

## PRACTICE ICE

Once you receive the schedule, please look it over carefully to check for conflicts. If you have been assigned practice ice that your team cannot use you need to trade that ice with another team. **If you can't trade said ice time you must turn it in to Convenor 72 hours prior to the actual ice time. If the ice is not turned in to Convenor, and it in turn sits empty, your team will be fined for the cost of this ice.**

**DO NOT TRADE AWAY YOUR HOME GAME ICE – EVEN IF YOU DO NOT HAVE A GAME SCHEDULED ON IT!!!** The Shamrock League Scheduler will try to use the ice first - Say, for example, the Atom A team is scheduled to play an away game on Saturday afternoon and they also have home game ice that day, in past years you would have traded that ice with another Lambeth team, but this year the scheduler is going to try to put a game in for the Atom AE team, or another team who uses about the same length of ice time for games, on that home ice. If the Shamrock League Scheduler does not use said ice – the Lambeth Ice Convener, secondly, will try to use the ice for another team to make up for blacked out ice during Christmas, New Year's and the Canadians Tournament. Failing both of those options **YOU WILL BE INFORMED BY CONVENOR** if you can go ahead and use that ice for a practice, exhibition game or to trade with another Lambeth team. **Under no circumstances can you sell your unused ice time!**

## **MISCELLANEOUS**

Goalie Clinics have not been scheduled as of yet.

Convenor will confirm any messages you send. If there is no reply within 24 hours please phone. The preferred method of communication is by e-mail.

[fredbauer@rogers.com](mailto:fredbauer@rogers.com)

Alternatively phone 519-868-6636

Please contact convenor if you are hosting an exhibition game. He will need to know where you are playing and who you are playing and if the team needs a gate to pay for referees. Notify Convenor if you need referees for games outside of your league schedule, and unless your team wants to pay the referees cash on the night of an exhibition game, notify Convenor to set up a gate so that the League will pay for your referees.

Referees and gate collectors have been arranged for your regular season home games.

**Shamrock schedule changes MUST be done through Convenor.** When you contact Convenor to make a change he will first try to use game ice that you don't currently have a game scheduled on. Failing that, he will try to use another team's game ice which does not currently have a game scheduled on it. He will try to the best of his ability to give ice back to the team he has taken the ice from. Please do not keep score – while Convenor will try his best – he will not OWE anybody ice!!! Sickness, vacations, dances, etc. are not valid reasons to re-schedule games. Having a practice on the same day as a game is not a valid reason to reschedule a game. When you receive a typed game change form from Convenor via e-mail – **that is your confirmation that the game has been re-scheduled.**

Convenor will also need to know when you are playing an out of country team or a team that is not an OMHA team e.g.: an Alliance team. This is for insurance purposes. Convenor must notify the OMHA **7 days before** the game is played.

**You are responsible for making sure that you have scorekeepers and timekeepers for your games.**

Please make convenor aware of any discipline problems you have that are getting out of hand, either kids or parents, we will help you even if it means giving a player a refund. It helps avoid problems if you make your expectations clear to the players and are consistent. Consequences should also be clearly outlined.

Fundraisers are to be cleared by the Lambeth Minor Hockey Executive, check with President before you proceed.

Uniforms should be worn properly, for example, players should not be wearing one home sock with one away socks.

When Convenor attends the next Shamrock meeting the schedule for the rest of the regular season will be made available. Convenor will forward it to you immediately. Please double-check your Shamrock October schedule when you receive it to make sure there are no conflicts, including with scheduled practice times.

### **HOME GAME TIMES**

Novice A – Tuesday @ 6:30 pm  
Coach: Brad Beattie

Atom A – Friday @ 6:30 pm  
Coach: Ryan Zimmer

Atom AE – Saturday @ 5:00 pm  
Coach: Matt Trinnear

Peewee A – Tuesday @ 7:40 pm  
Coach: Bob Buchanan

Bantam A – Friday @ 7:45 pm  
Coach: Greg Barber

Minor Midget – Friday @ 9:15 pm  
Coach: TBA

Midget – Saturday @ 9:15 pm  
Coach: TBA

Novice A and Atom AE play 10, 10, 10; no flood; and will be curfewed

Atom A play 10, 10, 15; no flood; may be curfewed

Peewee A play 10, 15, 15; flood between 2<sup>nd</sup> & 3<sup>rd</sup>; may be curfewed

Peewee AE play 10, 15, 15; flood between 2<sup>nd</sup> & 3<sup>rd</sup>; may be curfewed

Bantam A play 10, 15, 15; flood between 2<sup>nd</sup> & 3<sup>rd</sup>; may be curfewed

Bantam AE play 10, 15, 15; flood between 1<sup>st</sup> & 2<sup>nd</sup> (not prior to game); may be curfewed

Minor Midgets play 15, 15, 15; flood between 1<sup>st</sup> & 2<sup>nd</sup> (not prior to game); may be curfewed

Midgets play 15, 15, 15; flood between 1<sup>st</sup> & 2<sup>nd</sup> (not prior to game); may be curfewed

All teams play stop time. Shamrock games should not be curfewed.

Required to begin the season:

Keys to coaches box – 1 per team, turn them back to me at seasons end.

15 game sheets

October Schedule

2 copies of AP list

Coach's contract

Copy of Volunteer letter for entire team

Parent Passes – **valid for home games only**

Bench Staff Passes – **valid for all Shamrock League and Playoff Games**

Thanks for taking the time to come out tonight. If we work together we can make this year go very smoothly for all involved.

President – Mike Stenning [stenning@rogers.com](mailto:stenning@rogers.com)

Ice Convenor – Paul Santagapita [gapper@sympatico.ca](mailto:gapper@sympatico.ca)

Shamrock Rep – Fred Bauer [fredbauer@rogers.com](mailto:fredbauer@rogers.com)

OMHA Reps – Fred Bauer [fredbauer@rogers.com](mailto:fredbauer@rogers.com)